

SYLLABUS FOR
FOUR YEAR UNDERGRADUATE PROGRAM
(NEP-2020)

Program: Bachelor in Science (2024 -28)

DISCIPLINE – PSYCHOLOGY

Session – 2025-26



DEPARTMENT OF PSYCHOLOGY

GOVT. DIGVIJAY AUTONOMOUS P.G. COLLEGE,
RAJNANDGAON (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)

Program: Bachelor in Science (2024 -28)

DISCIPLINE – PSYCHOLOGY

Session – 2025 -26

DISCIPLINE ELECTIVEC COURSE (DSC)- 01 TO 08		DISCIPLINE ELECTIVEC COURSE (DSE)- 01 TO 12	
CODE	TITLE	CODE	TITLE
PSSC-01T	Introduction To Psychology	PSSE -01T	Applied Cognitive Psychology
PSSC-01P	Lab. Course -1 (Experiment and Activity)	PSSE -01P	Lab. Course -1(Experiment and Activity)
PSSC-02T	Psychopathology	PSSE -02T	Positive Psychology
PSSC-02P	Lab. Course -2 (Psychological Testing)	PSSE -02P	Lab. Course -2(Psychological Testing)
PSSC-03T	Foundation of Social Psychology	PSSE -03T	Sports And Exercise Psychology
PSSC-03P	Lab. Course -3t(Experiment and Activity)	PSSE -03P	Lab. Course -3 (Activity)
PSSC-04T	Psychological Assessment	PSSE -04T	Psychology of Health And Yoga
PSSC-04P	Lab. Course -4 (Psychological Testing)	PSSE -04P	Lab. Course -4 (Activity)
PSSC-05T	Quantitative Data Analysis	PSSE -05T	Educational Psychology
PSSC-05P	Lab. Course -5 (Activity)	PSSE -05P	Lab. Course -5 (Activity)
PSSC-06T	Personality Psychology	PSSE -06T	Community Psychology
PSSC-06P	Lab. Course -6 (Activity)	PSSE -06P	Lab. Course -6 (Activity)
PSSC-07T	Human Development	PSSE -07T	Fundamentals of Clinical Psychology- I
PSSC-07P	Lab. Course -7 (Activity)	PSSE -07P	Lab. Course -7 (Activity)
PSSC-08T	Fundamentals Of Counseling	PSSE -08T	Human Resource Management
PSSC-08P	Lab. Course -8 (Activity)	PSSE -08P	Lab. Course -8 (Activity)
		PSSE -09T	Forensic Psychology
		PSSE -09P	Lab. Course -9 (Activity)
		PSSE -10T	Environmental Psychology
		PSSE -10P	Lab. Course -10 (Activity)
		PSSE -11T	Fundamentals Of Clinical Psychology- II
		PSSE -11P	Lab. Course -11 (Activity)
		PSSE -12T	Organizational Psychology
		PSSE -12P	Lab. Course -12 (Activity)
GE – 01&02		VAC	
PSGE- 01T	Introduction To Psychology	PSVAC-01	Stress Management
PSGE- 01P		SEC	
PSGE- 02T	Psychopathology	PSSEC-01	Statistical Package for Science & Social Science(Excel, SPSS)
PSGE- 02P			

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Social Sciences <i>(Certificate/Diploma/Degree/Honors)</i>		Semester-I	Session: 2024-2025
1	Course Code	PSSC-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ <i>Learning what psychology is all about.</i> ➤ <i>Appreciation of the scope and the field of psychology.</i> ➤ <i>Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain</i> ➤ <i>Developing familiarity with individual level phenomenon such as intelligence, and personality.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction: <ol style="list-style-type: none"> 1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.2 Psychology in India: History and current status 1.3 Methods of psychology: Introspection, Observation, Experiment and Interview 1.4 Biological basis of human behavior: Nervous System and Glands 		12
II	Learning, Memory <ol style="list-style-type: none"> 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory 		11
III	Motivation & Emotion <ol style="list-style-type: none"> 3.1 Approaches to understand Motivation; Maslow and Arousal theory 3.2 Types of Motives (Biological and Social) 3.3 Emotion ; Nature and type 		11

IV	3.4 Emotional Intelligence and Gender Individual differences: Personality and Intelligence 4.1 Nature of Personality and Intelligence 4.2 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston)	11
Keywords	Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence	

Signature of Convener & Members

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Arushi

L. Bhat

Anusha

Anusha

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Anjali

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PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Mangal, S.K. (2016), General Psychology first edition, Sterling
2. Shrivastav, D.N. (2012), General Psychology first edition, Agrawal Publications, Sanjay Nagar, Agra
3. Shrivastav, D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications, Sanjay Nagar, Agra
4. Singh, A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
5. Singh, A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
7. Baron, R. & Misra, G. (2014) *Introduction to Psychology*. New Delhi: Pearson
8. Ciccarelli, S.K. & White, J.N. & Misra, G. (2018). *Psychology*. New Delhi: Pearson Education.
9. Morgan, C.T., King, R., Weisz, J. & Schopler, J. (2017). *Introduction to Psychology* (7th Ed). McGraw Hills.
10. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

Reference Books Recommended

1. Holt, N., Bremner, A., Sutherland, E., Vlieg, M. and Passer, M., & Smith, R. (2015). *Psychology: The Science of Mind and Behaviour*. London: Tata McGraw-Hill
2. Banyard, P., Davies, M. N.O., Norman, C. & Winder, B. (Eds.) (2010). *Essential psychology*. New Delhi: SAGE Publications

Online Resources-

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources-

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)

Internal Test / Quiz-(2):	20 + 20	Better marks out of the two Test / Quiz + obtained marks in
Assignment / Seminar -	10	

	Total Marks -	30	Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70		

Name and Signature of Convener & Members

Aurohit

L-Bhat
L. Bret

Aanshil

Arrested



Systema

Amichi

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)



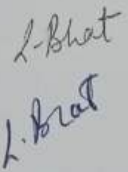

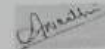
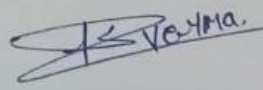
DEPARTMENT OF PSYCHOLOGY

COURSE CURRICULUM

COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Social Sciences (Certificate/Diploma/Degree/Honors)		Semester- I	Session:2025-2026
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment & Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Concept clarification ➤ Applicability of skill development ➤ Develop analytical thinking	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics		No. of Period
1	Effect of set on Perception		30
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.		
Keywords	Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition		

Signature of Convener & Members

PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
1. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications , Sanjay Nagar, Agra		
2. Woodworth, R.S. &Schlosberg, H. (1954). Experimental Psychology Oxford &IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources–		
e-Resources/e-books and e-learning portals		
➤ Swayam Central		
https://swayam.gov.in		
➤ youtube		
Online Resources–		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:		50 Marks
Continuous Internal Assessment (CIA):		15 Marks
End Semester Exam (ESE):		35 Marks
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance &File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar +Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-20	
	B. Spotting based on tools & technology (written) (Report writing)– 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members

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Arushi

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Arushi

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Social Sciences (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2025-2026
1	Course Code	PSSC-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: <ul style="list-style-type: none"> ➤ Establish the criteria of Normality and Abnormality. ➤ Learns about the Models of Psychopathology. ➤ Get equipped with Assessment of Psychopathology. ➤ Acquire the general idea of Anxiety Disorders and Obesity. ➤ Know the facts about Mood Disorders, & Personality Disorders. 	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.1 The concept and criterion of Normality and Abnormality 1.2 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1 Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.1 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

Signature of Convener & Members

Amal

Arinohit

L-Bhat
L. Bhat

Amal

Amal

J. S. Verma

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
2. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
3. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
4. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
5. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
6. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

Reference Books Recommended

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

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- Youtube

Online Resources–

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

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Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Social Sciences (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2025-2026
1	Course Code	PSSC-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality		

Signature of Convener & Members



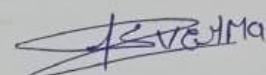
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PART-C**Learning Resources: Text Books, Reference Books and Others****Text Books Recommended**

1. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
2. Buss, A.H. (1999) – Psychopathology N.Y. John Wiley
3. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson
4. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra

Online Resources–**e-Resources/e-books and e-learning portals**

Swayam Central

- <https://swayam.gov.in>
- <https://egyankosh.ac.in/handle/123456789/4448>

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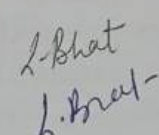
Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

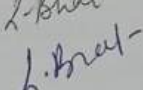
Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks


Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test/ Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance -	05	
	Total Marks -	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Conduction of Test)-		20
	B. Spotting based on tools & technology (written) (Report writing)-		10
	C. Viva-voce (based on principle/technology) -		05
	Total Marks-		35


Name and Signature of Convener & Members


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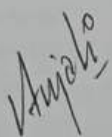
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